

Toledo Ballet Has New Class Level Names! **TOLEDO BALLET**

Toledo Ballet is proud to be the only dance studio in the region to offer **CLASSICAL • CONTEMPORARY • CONDITIONING** the **AMERICAN BALLET THEATRE®** National Training Curriculum, a breakthrough 8-level program that combines quality artistic training with the basics of dancer health and child development. The **ABT®** National Training Curriculum consists of a comprehensive set of age-appropriate, outcome-based guidelines to provide the highest quality ballet training to dance students of all ages and skill levels. Toledo Ballet Artistic Director/School Director Lisa Mayer holds all 8 levels of **ABT®** National Training Curriculum certification: Primary through Level 7.

In Fall 2016, Toledo Ballet is celebrating the **ABT®** certification of 3 additional faculty (in Primary – Level 3) by changing the names of its instructional levels to better reflect the **ABT®** National Training Curriculum protocols (**class times, instructors and dress codes all remain the same**). In keeping with **ABT®** values, students should expect to spend a minimum of 2 years in each level before advancing.

Old Class Name	=	New Name	Toledo Ballet Curriculum Description
Creative Movement	=	Pre Primary Level Ballet : ages 3-4	An introduction to the art of ballet in a nurturing environment. Children begin to explore the world of dance through movement, music and rhythm.
Pre-Ballet	=	Primary Level Ballet: ages 5-6	Imagery, imagination and self-expression are encouraged while developing a foundation for academic ballet technique.
Beginning I Ballet	=	Level 1 Ballet: ages 7-8 and up	The student expands beyond the previous level. Exercises that develop flexibility and strength accompany exercises for alignment and turnout. Curriculum prepares dancers for the next level.
Beginning II Ballet	=	Level 2 Ballet: ages 8-9 and up	The student expands beyond the previous level. Exercises that develop flexibility and strength accompany exercises for alignment and turnout. Curriculum prepares dancers for the next level.
Advanced Beginning Ballet	=	Level 3 Ballet: ages 10 and up	The repertoire of basic steps is enlarged and fundamental steps and combinations are studied in more detail.
Intermediate I Ballet	=	Level 4: ages 11 and up	Students now become aware of how barre work is related to execution of center exercises. Steps become more complex, with emphasis on correct alignment as well as musicality and learning the fine distinction of classical training. Pointe work may begin for students who have mastered appropriate ballet technique and demonstrate proper strength and alignment. Students are promoted by invitation of the School Director.
Intermediate II Ballet	=	Level 5: ages 12 and up	Combinations are longer and performed at more rapid tempo. Beats, turns and jumps become more complex. Toward the end of the year, pointe work will begin for students who have mastered appropriate ballet technique and demonstrate proper strength and alignment. Students are promoted by invitation of the School Director.
Advanced Ballet	=	Levels 6-7: ages 14 and up	Further mastery of all ballet vocabulary and technical proficiency. Artistry, musicality and style of the individual dancer are focused on in this level. Students are promoted by invitation of the School Director.